**Nutritionist Standard Job Description**

**Classification Title:** Nutritionist

**FLSA Exemption Status:** Exempt

**Pay Grade:** 8

**Job Description Summary:**

The Nutritionist is responsible for supporting the vision and mission of the Texas A&M Performance Nutrition Program by providing counseling and education to student athletes related to proper nutrition for performance, recovery, energy metabolism, body composition, strength and development, injury prevention and rehabilitation and clinical nutrition care.

**Essential Duties and Tasks:**

**45% Nutrition Education and Counseling**

Develops individual and team sport performance nutrition counseling and education programs in collaboration with the Director of Performance Nutrition.

Directs cooking demonstrations, team talks, individual counseling, grocery shopping tours, and other educational opportunities with assigned sports.

Manages all aspects of fueling stations for assigned sports including staff, inventory, and execution.

Assists the Director of Performance Nutrition to develop menus. Monitors food quality, consistency, and appearance.

Collects guest feedback and communicates with Slocum Nutrition Center staff.

Coordinates special events in collaboration with the Director of Performance Nutrition.

**30% Assessment and Clinical**

Performs body composition testing via DXA and hydration testing with assigned teams.

Communicates results with athletic training, strength and conditioning, and coaching staff to reduce student athlete injury or cramping.

Provides clinical nutrition care for Texas A&M student athletes.

Utilizes clinical assessments including physical exams, laboratory testing, and physician diagnosis to work with the sports medicine team to treat patients with medical issues that require clinical nutrition care.

Maintains knowledge of special diets, allergies, and intolerances, and communicates this information with the sports medicine team and student athletes to meet unique needs.

**10% Supervision and Compliance**

Assists in the hiring, delegation of responsibilities, and scheduling of the student workforce.

Directly manages students working assigned sports to execute performance nutrition program and operations.

Maintains continual and thorough familiarity with all applicable NCAA, conference, and University rules and regulations.

Establishes and ensures communication and enforcement of rules and regulations for all staff members and student workers supervised.

**10% Research and Evaluation**

Stays up to date on the latest in peer-reviewed research as it pertains to athletic performance and performance nutrition.

Actively communicates and discusses this information with Performance Nutrition, Sports Medicine, and Sports Performance personnel.

Evaluates nutritional supplements and diets to enhance performance and translates information about safety and efficacy to student athletes and Sports Medicine, Sports Performance, and Coaching staff members.

**10% Committees**

Serves as an active member of the eating disorder committee as it relates to assigned student athletes' health and performance.

**10% Budget**

Operates within Performance Nutrition and assigned sport budget restrictions.

Assists the Director of Performance Nutrition in budget development to prioritize student athletes' performance and overall health and well-being.

Ensures that University and Department policies are followed regarding receipt of revenue and purchase of goods and services.

**20% Duty Title (for the department's use)**

Remaining Percentage Can Be Determined by Department to Meet Business Needs or Can Be Incorporated into Percentages Above

**Qualifications**

**Required Education & Experience:**

High School Diploma or GED or equivalent combination of education and experience.

Previous high school (or higher level) coaching experience or playing experience.

**Required Licenses and Certifications:**

Registered and licensed Dietician or Nutritionist.

**Required Special Knowledge, Skills, and Abilities:**

Ability to follow directions.

Ability to multi-task and work cooperatively with others.

Ability to communicate clearly and effectively to ensure understanding.

Excellent interpersonal and organizational skills.

**Preferred Qualifications:**

None

**Machines and Equipment:**

Computer: 20 hours

Telephone: 5 hours

Calculator: 1 hour

**Other Requirements or Other Factors:**

None

**Preferred Other Factors:**

None

**Is this role ORP Eligible? If so, it needs to meet the criteria on the** [**Rules and Regulations of the Texas Higher Education Coordinating Board**](https://reportcenter.highered.texas.gov/reports/data/user-friendly-version-of-ch-25/)**.**

**Yes**

**No**

**Does this classification have the ability to work from an alternative work location?**

**Yes**

**No**